



Great News: Two Oms Unite!

Laurel Kilbourn, laurel blossom yoga - Yoga@Work,

is joining forces with Om in the Office,

a trusted and valued partner in corporate wellness.

Laurel Kilbourn is now OITO's first **Director of East Coast Operations,**

while **Katherine Bicer**, its founder and principal, moves west to grow

Om in the Office California,

"Combining 25+ years of corporate experience with a lifetime of yoga and meditation practice, *Laurel* delivers extraordinary insight and successful strategies for 'optimizing the workplace environment - one OM at a time.'"

Since 2008, **Om in the Office** has been Boston's premiere provider of on-site corporate yoga services; including chair and mat yoga classes, meditation, wellness seminars, health fair exhibits, and much more.

Connect with *Laurel* to schedule your next **Om in the Office**

(857) 228-5193

Laurel@omintheoffice.com



laurel blossom yoga

