



laurel blossom yoga



Yogis Please Bring

- Yoga Props - a mat and anything else you need to comfortably practice
- A journal or paper and pen (optional)
- Dress comfortably as you would for any yoga class



Event Agenda

Welcome Circle
Centering-Meditation-Journaling Opportunity
Yoga Practice - specifically designed to be
accessible to all levels and abilities
Tea & Chocolate Social

617-308-1921
lbkilbourn@gmail.com
info@laurelblossomyoga.com
laurelblossomyoga.com
facebook.com/laurelblossomyoga

Connect NOW to schedule your private

YOGA... TEA & CHOCOLATE!

Location Options:

- Various Yoga Studios [facilities rental rates apply]
- Welcoming Venues [facilities rental rates apply]
- Private Home/Office

Bridal Shower
Baby Shower
Birthday Party

3 hour private "workshop"/party/event
Offering Organic India Tea and Theo Chocolate samples